Collective care
Cuidado Colectivo
What is Collective Care?

Clarity concepts

Share practices

Increase expectations for philanthropy

Get inspired!
WHAT IS COLLECTIVE CARE?

It is not self care. It is about interdependence (collectives, movements...)

FUNDING RECOMMENDATIONS

- Care and protection practices like digital security
- Avoid putting at risk those who seek support
- Local actions based on needs
- Flexibility and creativity to support NGOs in crisis
- Financial security for wellbeing and safety
- Resources to address trauma and burnout
- Invest in care strategies
- Resources to protect bodies and abilities
- Funds to adapt, be resilient and support emerging needs
- Promote sharing of leadership
THE HAPPINESS MANIFESTO

THE NEED FOR DIGITAL CARE IS REAL!

TECH & DATA PRINCIPLES

Frida is a digital org creating a SAFE DIGITAL SPACE

THE WAY WE COLLECT DATA

PROVIDE FUNDS DURING COVID CRISIS

Holistic Security & Protection
CONCEPTS:

- Healing Justice
- Collective Care
- Central for Liberation of feminists, trans, LGBT... movements

PRACTICES APPLYING COLLECTIVE CARE:

1. COVID-19 GRANTMAKING
   Embed new flexibilities in our overall practices and make them long term

2. SIMPLIFY GRANTMAKING PROCESS

3. DON'T END PARTNERSHIPS abruptly in crisis moments

4. INTEGRATE COLLECTIVE CARE PRINCIPLES in the process and goals

5. IMPLEMENT INTERNAL STAFF CARE PRACTICES
   - Rest
   - Protect
   - Slow Down!
   - Challenges: Perfectionism, Hard to SLOW DOWN!!
   - Need a CULTURAL SHIFT

Principles project Workshop 5. Illustrated by Marina Roa from SenseTribe
To do it out
We need to do it in
We must start with collective care in our own lives and institutions

Principles project Workshop 5. Illustrated by Marina Roa from SenseTribe
How to make collective care mainstream?

How to engage more men in the field?

Collective care is often held by women and LGBT communities.
Collective care is key to our liberation.