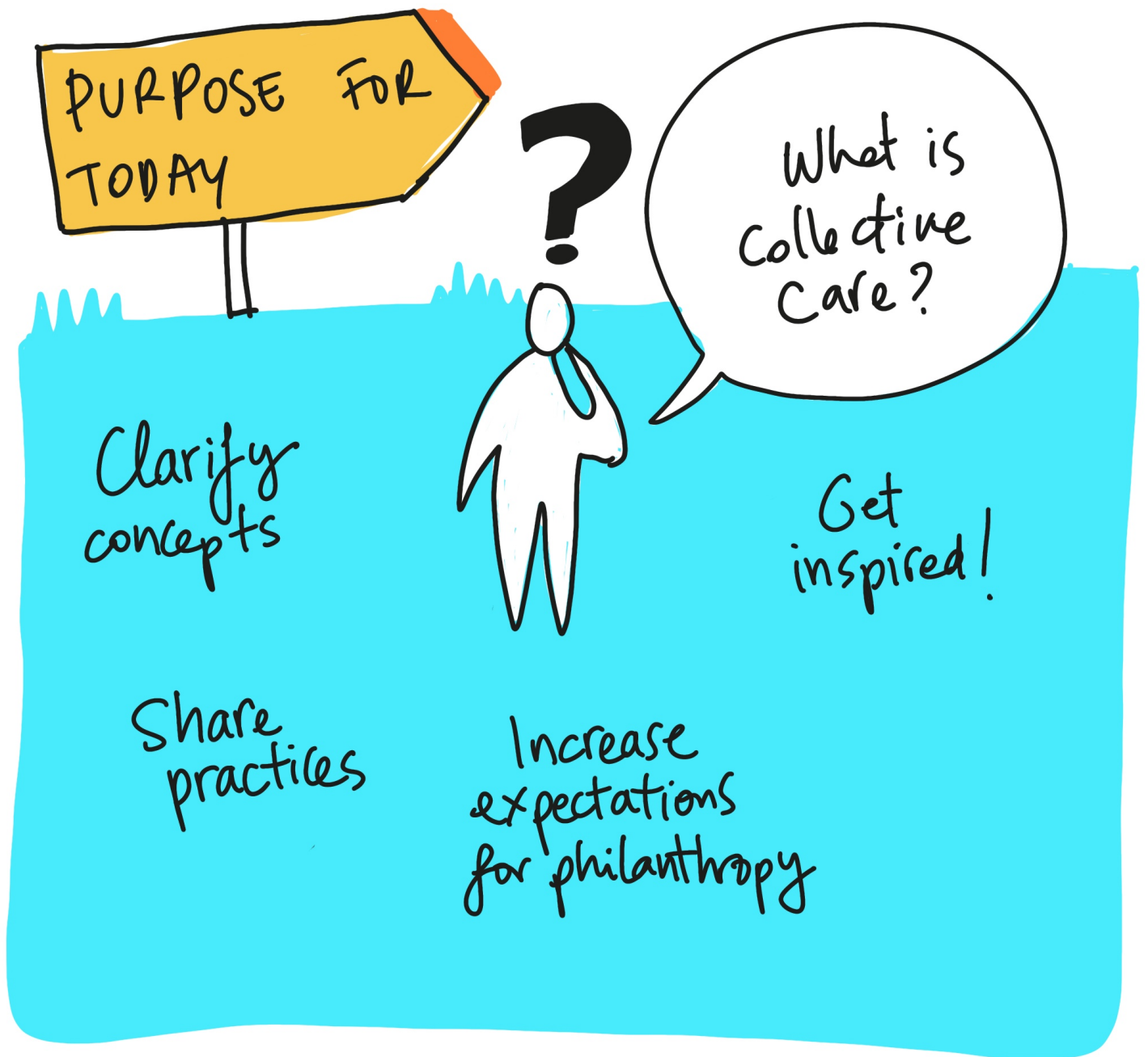




COLLECTIVE CARE CUIDADO COLECTIVO

Principles project Workshop 5. Illustrated by Marina Roa from SenseTribe



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WHAT IS COLLECTIVE CARE?

IS NOT Self care
ME ME ME ME ME ME ME!



IT IS about Interdependence
(collectives, movements...)
ALL ABOUT US!



FUNDING RECOMMENDATIONS

Care and protection practices like Digital security



Local actions based on needs



Resources to address trauma and burnout



Financial security for wellbeing and safety



Promote sharing of **LEADERSHIP**



Avoid putting at risk those who seek support



Flexibility and creativity to support ORGs in crisis



Invest in care strategies



Resources to protect bodies and abilities

Funds to adapt, be resilient and support emerging needs



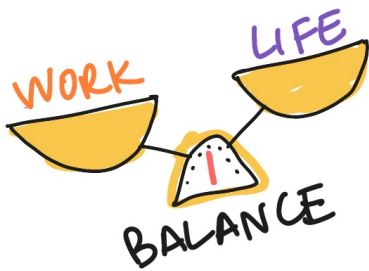


Ledy's Sanjuan
Mejia **FRIDA**

THE HAPPINESS MANIFESTO



HOLISTIC
SECURITY &
PROTECTION



THE NEED FOR
DIGITAL
CARE
IS REAL!

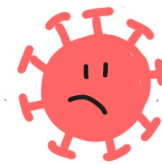


TECH & DATA PRINCIPLES



THE WAY
WE COLLECT
DATA

↓ Frida is a digital org
creating a
**SAFE
DIGITAL
SPACE**



Provide funds
during COVID crisis



Mariam Gagoshashvili
Astraea Foundation

CONCEPTS:

HEALING JUSTICE
COLLECTIVE CARE

Central for LIBERATION
of femimists, trans, LGBT... movements

PRACTICES APPLYING COLLECTIVE CARE:

① COVID-19 GRANTMAKING

Embed new flexibilities in our overall practices and make them long term

② SIMPLIFY GRANTMAKING PROCESS

③ DON'T END PARTNERSHIPS abruptly in crisis moments

④ INTEGRATE COLLECTIVE CARE PRINCIPLES in the process and goals

⑤ IMPLEMENT INTERNAL STAFF CARE PRACTICES

- Rest
- Protect

CHALLENGES

- Perfectionism
- HARD TO SLOW DOWN!!

Slow Down!

How we do things is AS IMPORTANT as WHAT we do!

NEED A CULTURAL SHIFT



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Collective care is often held by **WOMEN** and **LGBT** communities.

COLLECTIVE CARE



IS
KEY

TO OUR

LIBERATION

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